



NEWS RELEASE

Alliance Bank Supports Courage Rock

Northwest Indiana – Alliance Bank presented a check for \$1,480 to Courage Rock Stable, at their facility near Monticello, on January 9th. The donation represents individual contributions from employees that were then matched by the Bank.



Alliance Bank Office Manager presents a donation of \$1,480 to Kim Markham co-founder of Courage Rock Stable in Monticello.

Each quarter Alliance Bank employees select a charity to support in one of the four counties where they have offices – Benton, Jasper, Pulaski and White- with their Casual for a Cause program. In 2018, Alliance Bank made donations totaling \$49,800 to local non-profit organizations.

Courage Rock Stable was established in 2012 in memory of Kim and Kevin Markham's son Seth. While serving in the US Army, Seth died in a fire in 2012. At that time, Kim found strength and encouragement through friends, family and a therapeutic riding center in Ohio. When gifted a horse from that program, the Markhams decided to start a program of their own in White County.

Courage Rock was established as a non-profit 501c3 charity in June 2017. Today, Courage Rock offers veterans and military families the opportunity to learn horsemanship and animal care while training for competition, gaining trail riding confidence, or simply spending time with the animals. The results can be lowered blood pressure and heart rate, alleviated stress, and reduced symptoms of anxiety and depressions.

For more information about Courage Rock visit their website at www.couragerock.rocks or call 574-297-8576. Alliance Bank is proud to be your local Real Community Bank® with offices in Francesville, Monon, Monticello, Otterbein, Oxford, Rensselaer, and Winamac.